

April 2024

Spring

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

Athens High & MS Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Lunch Option 2

<p>1</p> <p>Chicken Patty (12 gm) W/G Bun (28 gm)</p> <p>Corn (17 gm)</p> <p>Diced Peaches (14 gm)</p> <p>Fresh Apple (red=25, green=15)</p>	<p>2</p> <p>Chicken Quesadillas (32 gm)</p> <p>Brown Rice (17 gm)</p> <p>SalsaTaco Sauce(4gm)</p> <p>California Blend (3gm)</p> <p>Mixed Fruit (14gm)</p> <p>Fresh Banana (27 gm)</p>	<p>3</p> <p>Crazy Cheese Bread (28 gm)</p> <p>Greenbeans (3 gm)</p> <p>Mandarin Oranges(14 gm)</p> <p>Fresh Pear (25 gm)</p> <p>Pizza Sauce (6gm)</p>	<p>4</p> <p>Hot Dog (2gm) W/G Bun (27gm)</p> <p>Smiles (20gm)</p> <p>Applesauce (14gm)</p> <p>Fresh Orange (15 gm)</p>	<p>5</p> <p>Cheese Pizza W/G (33 gm)</p> <p>Carrots (1 gm)</p> <p>Diced Pears (16 gm)</p> <p>Fresh Fruit</p>
<p>8</p> <p>Chicken Tenders(13gm) W/G Roll (18 gm)</p> <p>Green Peas (16 gm)</p> <p>Diced Peaches (14 gm)</p> <p>Fresh Apple (red=25, green=15)</p>	<p>9</p> <p>Calzone Pepperoni(34gm) Corn (17 gm)</p> <p>Baked Beans(20gm)</p> <p>Pineapple Chunks(15gm)</p> <p>Fresh Pear (25 gm)</p>	<p>10</p> <p>Sloppy Joes W/G Bun (43gm)</p> <p>Greenbeans (3 gm)</p> <p>Smiles (20gm)</p> <p>Applesauce (14gm)</p> <p>Fresh Banana (27 gm)</p>	<p>11</p> <p>Chicken Quesadillas (32 gm)</p> <p>Cheese Stick (2gm)</p> <p>SalsaTaco Sauce(4gm)</p> <p>California Blend (3gm)</p> <p>Fruit Cocktail (17gm)</p> <p>Fresh Banana (27 gm)</p>	<p>12</p> <p>Pepperoni Pizza (33gm) French Bread W/G</p> <p>Carrots (1 gm)</p> <p>Diced Pears (16 gm)</p> <p>Fresh Fruit</p>
<p>15</p> <p>Sweet & Sour Chicken (12gm)</p> <p>Brown Rice (17gm)</p> <p>Corn (17 gm)</p> <p>Diced Peaches (14 gm)</p> <p>Fresh Banana (27 gm)</p>	<p>16</p> <p>Bosco Sticks W/G(30gm) Green Peas (16 gm)</p> <p>Baked Beans</p> <p>Mandarin Oranges(14 gm)</p> <p>Fresh Pear (25 gm)</p>	<p>17</p> <p>Spaghetti & Meat Sauce (54gm)</p> <p>Meat Balls (7gm)</p> <p>Greenbeans (3 gm)</p> <p>Fruit Cocktail (17gm)</p> <p>Fresh Orange (15 gm)</p>	<p>18</p> <p>Cheese / Hamburger (30 / 28 gm)</p> <p>W/G Bun(28gm)</p> <p>Smiles (20gm)</p> <p>Mixed Fruit (14gm)</p> <p>Fresh Pear (25 gm)</p>	<p>19</p> <p>Cheese Pizza W/G (33 gm)</p> <p>Carrots (1 gm)</p> <p>Diced Pears (16 gm)</p> <p>Fresh Fruit</p>
<p>22</p> <p>Popcorn Chicken(20gm) Cheese Stick (2gm)</p> <p>California Blend (3gm)</p> <p>Pineapple Chunks(15gm)</p> <p>Fresh Banana (27 gm)</p>	<p>23</p> <p>Pulled Pork Sandwich W/G Bun (48gm)</p> <p>Greenbeans (3 gm)</p> <p>Fruit Cocktail (17 gm)</p> <p>Fresh Orange (15 gm)</p>	<p>24</p> <p>Cheese / Hamburger (30 / 28 gm)</p> <p>W/G Bun(28gm)</p> <p>Smiles (20gm)</p> <p>Mixed Fruit (14gm)</p> <p>Fresh Pear (25 gm)</p>	<p>25</p> <p>Corn Dog Nuggets(35gm) W/G Roll (18gm)</p> <p>Corn (17gm)</p> <p>Baked Beans (20gm)</p> <p>Applesauce (14gm)</p> <p>Fresh Orange (15 gm)</p>	<p>26</p> <p>Pepperoni Pizza (33gm) French Bread W/G</p> <p>Carrots (1 gm)</p> <p>Diced Pears (16 gm)</p> <p>Fresh Fruit</p>
<p>29</p> <p>Chicken Patty (12 gm) W/G Bun (28 gm)</p> <p>Corn (17 gm)</p> <p>Diced Peaches (14 gm)</p> <p>Fresh Apple (red=25, green=15)</p>	<p>30</p> <p>Chicken Quesadillas (32 gm)</p> <p>Brown Rice (17 gm)</p> <p>SalsaTaco Sauce(4gm)</p> <p>California Blend (3gm)</p> <p>Mixed Fruit (14gm)</p> <p>Fresh Banana (27 gm)</p>	<p>1-May</p> <p>Crazy Cheese Bread (28 gm)</p> <p>Greenbeans (3 gm)</p> <p>Mandarin Oranges(14 gm)</p> <p>Fresh Pear (25 gm)</p> <p>Pizza Sauce (6gm)</p>	<p>2</p> <p>Hot Dog (2gm) W/G Bun (27gm)</p> <p>Smiles (20gm)</p> <p>Applesauce (14gm)</p> <p>Fresh Orange (15 gm)</p>	<p>3</p> <p>Cheese Pizza W/G (33 gm)</p> <p>Carrots (1 gm)</p> <p>Diced Pears (16 gm)</p> <p>Fresh Fruit</p>

Mon.- Ham & Cheese Sand.
(33gm)

Tues.- Fruit & Yogurt Parfait
(56-69gm)

Wed.- Chef Salad (12gm)

Thurs.- Turkey & Cheese Sand.
(30gm)

Fri.- PB & Jelly Sandwich
(32-33gm)

****Offered Daily****

Assorted Low Fat Milk

****A LA CARTA CHOICE****

Mon.- BOSCO w/SAUCE(36gm)

Tues.-CHIP-CHEESE-TACO
MEAT(44gm)

Wed.-CHICKEN TENDERS(9gm)

Thurs.-FRIED MOZZARELLA
CHEESE STICKS w/SAUCE(56gm)

LUNCH PRICES:

Students Free

Adult... \$5.15

Milk... \$0.50

HS/MS Fresh Fruit&Vegetables

USDA IS AN EQUAL

OPPORTUNITY PROVIDER AND

EMPLOYER

All Menus Subject To Change Due

